

The Sunday Telegraph 13 MARCH 2011

**War of the Windsors**

Why the world's still gripped by the Wallis/Queen Mother feud

**Ooh Bettye!**

Meet the soul sensation who can reduce rock stars to tears

**There goes trouble**

Bad girls turned very good

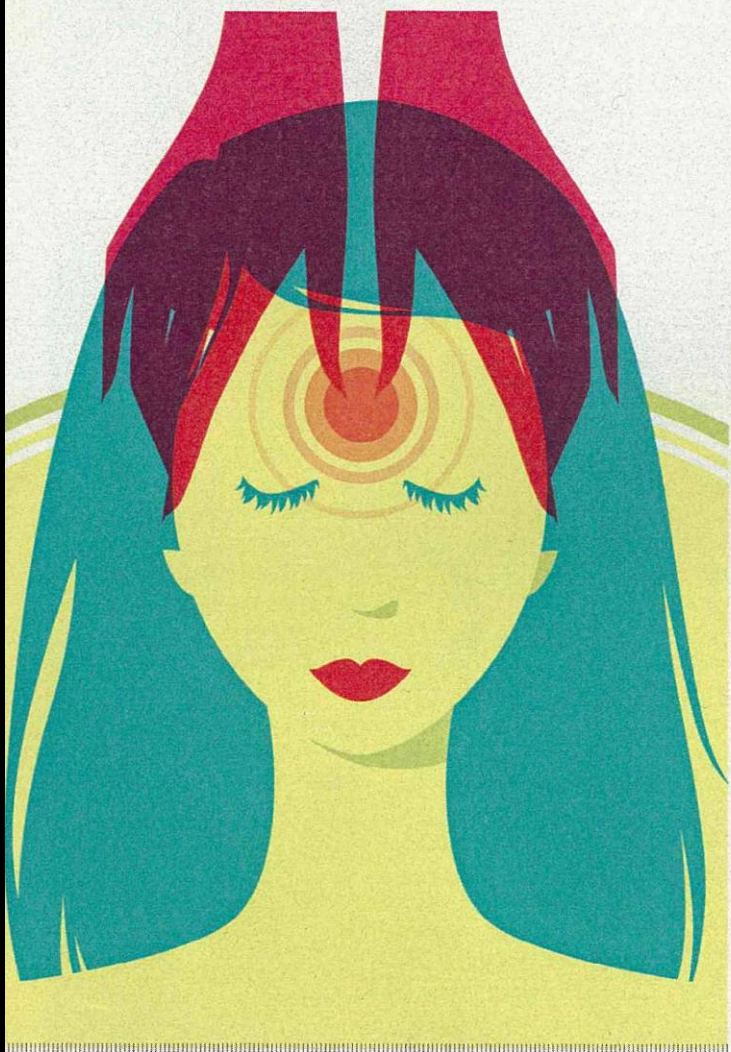
**FOOD**

Diana Henry thinks braising's just amazing

**YOU WANT  
FROTH?  
TEAM  
VALENTINO'S  
FABULOUSLY  
FLOATY  
COUTURE**



# stella



## The Treatment

### DR ALKAITIS SKIN FOOD FACIAL

This luxurious facial at Coworth Park in Ascot begins with an acupressure massage on the face and neck. Delicious-smelling organic moisturisers are then applied, leaving your skin hydrated and radiant. £120 for 80 minutes ([coworthpark.com](http://coworthpark.com))

### BEAUTY SPOT

JUST A SPOONFUL OF SUGAR...

'Sugar water makes a great hair-setting lotion. Dissolve six teaspoons of sugar in a glass of boiling water, cool, then transfer to a spray bottle. Mist over hair, then wrap small sections around your finger and secure to the crown with grips. Remove grips when dry, for soft curls'

*Johnnie Sapong, hair stylist*



## What's in my make-up bag?

**Frances Prenna Jones**  
dermatologist



### ROUGE COCO LIPSTICK IN 'CASHMERE'

£21.50, by Chanel (020 7493 3836).

This is a beautiful, wearable shade that gives a natural look. It has a silky texture, too, so it leaves a nice finish

**PULP** £130 for 100ml eau de parfum; by Byredo, from Liberty ([liberty.co.uk](http://liberty.co.uk)). This combination of cardamom, fig, red apple and praline creates a beautifully memorable scent

### FLASH BRONZER SELF-TANNER FACE GEL

£21.95, by Lancôme ([lancome.co.uk](http://lancome.co.uk)). I always keep this with me, as it gives a lovely glow and an even finish

### MOISTURE SURGE TINTED MOISTURIZER

SPF 15 £21, by Clinique ([clinique.co.uk](http://clinique.co.uk)). This is

a good all-rounder. It provides a sheer veil of natural colour, which leaves my skin looking fresh, and it has the added benefits of sun protection

**FORMULA 2006** £95, by Dr Frances Prenna Jones ([drfrancesprenna-jones.com](http://drfrancesprenna-jones.com)). This three-in-one cleanser, toner and moisturiser is full of anti-ageing ingredients. It is my skincare staple